

Vigorex[®]

Sildenafil

COMPOSITION

Vigorex[®] 50 Tablet: Each film coated tablet contains Sildenafil 50 mg as Sildenafil Citrate BP.

Vigorex[®] 100 Tablet: Each film coated tablet contains Sildenafil 100 mg as Sildenafil Citrate BP.

PHARMACOLOGY

Vigorex[®] belongs to a group of medicines called phosphodiesterase type 5 (PDE 5) inhibitors. It works by helping to relax the blood vessels in your penis, allowing blood to flow into your penis when you get sexually excited. **Vigorex[®]** will only help you to get an erection if you are sexually stimulated. You should not take **Vigorex[®]** if you do not have erectile dysfunction.

Vigorex[®] can be taken with or without food. However, you may find that **Vigorex[®]** takes longer to start working if you take it with a heavy meal.

INDICATIONS

Vigorex[®] is indicated for erectile dysfunction, pulmonary hypertension.

DOSAGE & ADMINISTRATION

Always take **Vigorex[®]** exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. The usual starting dose is 50 mg. You should not take **Vigorex[®]** more than once a day.

You should take **Vigorex[®]** about one hour before you plan to have sex. Swallow the tablet whole with a glass of water.

If you have the impression that the effect of **Vigorex[®]** is too strong or too weak, talk to your doctor or pharmacist.

Vigorex[®] will only help you to get an erection if you are sexually stimulated. The time **Vigorex[®]** takes to work varies from person to person, but it normally takes between half an hour and one hour. You may find that **Vigorex[®]** takes longer to work if you take it with a heavy meal.

CONTRAINDICATIONS

Please tell your doctor or pharmacist if you are taking or have recently taken other medicines, including medicines obtained without prescription.

Vigorex[®] tablets may interfere with some medicines, especially those used to treat chest pain.

In the event of a medical emergency, you should tell the healthcare professional treating your condition that you have taken **Vigorex[®]** and if you did, do not take **Vigorex[®]** with other medicines unless your doctor tells you can.

You should not take **Vigorex[®]** if you are taking medicines called nitrates as the combination of these products may cause a potentially dangerous decrease in your blood pressure. Always tell your doctor or pharmacist if you are taking any of these medicines that are often used for the relief of angina pectoris (or chest pain).

You should not take **Vigorex[®]** if you are using any of the drugs known as nitric oxide donors such as amyl nitrite as the combination may also lead to potentially dangerous decrease in your blood pressure.

If you are taking medicines known as protease inhibitors, such as for the treatment of HIV, your doctor may start you on the lowest dose (25 mg) of **Vigorex[®]**.

Some patients who take alpha-blocker therapy for the treatment of high blood pressure or prostate enlargement may experience dizziness or light-headedness, which may be caused by low blood pressure upon sitting or standing up quickly. Certain patients have experienced these symptoms when taking **Vigorex[®]** with alpha-blocker. This is most likely to occur within 4 hours after taking **Vigorex[®]**. In order to reduce the likelihood of these symptoms occur, you should be on a regular daily dose of your alpha-blocker before you start **Vigorex[®]**. Your doctor may start you on a lower dose (25 mg) of **Vigorex[®]** if you have hypotension (avoid if systolic blood pressure below 90 of Hg), recent stroke, unstable angina & myocardial infarction.

SIDE EFFECTS

Like all medicines, **Vigorex[®]** can cause side effects although not everybody gets them. The side effects reported in association with the use of **Vigorex[®]** are usually mild to moderate and of a short duration.

All medicines including **Vigorex[®]** can cause allergic reactions. You should contact your doctor immediately if you experience any of the following symptoms after taking **Vigorex[®]**: sudden wheeziness, difficulty in breathing or dizziness, swelling of the eyelids, face, lips or throat.

A very common side effects (likely to occur in more than 1 in 10 patients) is headache.

Common side effects (likely to occur in 1 to 10 patients in 100): facial flushing, indigestion, effects on vision (including color tinge to vision, light sensitivity, blurred vision or reduced sharpness of vision), stuffy nose and dizziness.

Uncommon side effect (likely to occur in 1 to 10 patients in 1,000) include: vomiting, skin rash, bleeding at the back of the eye, bloodshot eyes/red eyes, eye pain, double vision, abnormal sensation in the eye, irregular or rapid heartbeat, muscle pain, feeling sleepy, reduced sense of touch, vertigo, ringing in the ears, nausea, dry mouth, chest pain & feeling tired.

PREGNANCY & LACTATION

Vigorex[®] is not indicated for use by women.

PRECAUTIONS

Drinking alcohol can temporarily impair your ability to get an erection, to get the maximum benefit from your medicine; you are advised not to drink excessive amounts of alcohol before taking **Vigorex[®]**.

STORAGE

Store below 30°C. Protect from light. Keep out of children's reach.

HOW SUPPLIED

Vigorex[®] 50 Tablet: Each box contains 4 film coated tablets.

Vigorex[®] 100 Tablet: Each box contains 4 film coated tablets.

SQUARE