

# Eyevi<sup>®</sup>

## Eye Vitamin

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### COMPOSITION

Each Eyevi<sup>®</sup> capsule contains -

|                          |          |       |  |
|--------------------------|----------|-------|--|
| Vitamin C                | BP       | 60 mg |  |
| Vitamin E                | BP       | 30 mg |  |
| Lutein                   | Ph.grade | 6 mg  |  |
| Copper (as Cupric oxide) | Ph.grade | 2 mg  |  |
| Zinc (as Zinc oxide)     | BP       | 15 mg |  |

### PHARMACOLOGY

Vitamin C is highly concentrated in the lens compared to blood. A long term Vitamin C supplement use (10+ years) has been associated with reduced risk of cataract. Vitamin C has important role in harmful free radicals scavenging activity. In study, it is found that high serum Vitamin E concentrations have been associated with reduced risk of cataract (exact mechanism of action is not still established). As an antioxidant vitamin, it also plays an important role in harmful free radicals scavenging activity.

Lutein is a carotenoid, specially concentrated in macula. Clinical and animal data indicates that this carotenoid could protect the macula from oxidative or light damage. Although exact mechanism of action is not clear but one large study has found that high levels of dietary Lutein is associated with relatively lower risk of AMD (Age-Related Macular Degeneration).

Zinc is an essential trace element involved in many enzymes system. Symptoms of less severe deficiency include distorted or absent perception of taste, smell and poor wound healing. Severe deficiency causes skin lesion, alopecia, diarrhea, increased susceptibility to infection and failure to thrive in children.

Copper plays important role in growth, skeletal integrity, and development of nervous system. As a part of various enzymes, it takes part in numerous metabolic conversions.

### INDICATION

Eyevi<sup>®</sup> is indicated for Age-related Eye Disease. This is an advanced new antioxidant supplement formulated to provide nutritional support for the eye. The formulation contains essential antioxidant vitamins, minerals, and Lutein.

### DOSAGE AND ADMINISTRATION

One capsule, one or two times daily or as directed by the physician.

### CONTRAINDICATION AND PRECAUTION

Vitamin C should be given with care to patients with hyperoxaluria. In patients taking oral anticoagulants or estrogens, Vitamin E should be given carefully because it has been found to antagonize the effects of vitamin K leading to an increase in blood clotting time in these patients.

### SIDE EFFECT

Large doses of Vitamin C are reported to cause diarrhea and other gastrointestinal disturbances. Large doses of Vitamin E may cause diarrhea, abdominal pain, and other gastrointestinal disturbances; fatigue and weakness have also been reported.

### DRUG INTERACTION

No drug interaction has been reported.

### STORAGE CONDITION

Eyevi<sup>®</sup> capsule should be stored in a cool and dry place, protected from light and moisture.

### HOW SUPPLIED

Eyevi<sup>®</sup> capsule: Box containing 5 x 6 capsule in Alu-Alu blister pack.

**SQUARE**