

COMPOSITION

Ace® 125 Suppository: Each suppository contains Paracetamol BP 125 mg.
Ace® 250 Suppository: Each suppository contains Paracetamol BP 250 mg.
Ace® 500 Suppository: Each suppository contains Paracetamol BP 500 mg.

ROUTE OF ADMINISTRATION

Oral and rectal.

MAIN THERAPEUTIC GROUP

Analgesic and antipyretic.

PHARMACOLOGY

Ace® (Paracetamol) is one of the safest and most widely used analgesic and antipyretic. Ace® (Paracetamol) produces analgesic action by elevation of the pain threshold and antipyresis through action on the hypothalamic heat regulating centre. Ace® (Paracetamol) exerts significantly milder side effects and most unlikely to produce many of the serious side effects associated with aspirin and other NSAIDs. Ace® (Paracetamol) is rapidly and completely absorbed from the G.I.T. following oral administration and from rectum after rectal administration. The mean half-life of absorption from the upper small intestine is only 7 minutes. The drug is extensively metabolized in the liver and it has a plasma half-life of 1.5 to 3.0 hours. Ace® (Paracetamol) is not bound to plasma proteins to any extent.

INDICATION

Fever, common cold and influenza: Headache, toothache, earache, bodyache, myalgia, dysmenorrhoea, neuralgia and sprains. Pain of colic, back pain, post-operative pain, postpartum pain, chronic pain of cancer, inflammatory pain, and post-vaccination pain and fever of children.

Rheumatism and osteoarthritic pain & stiffness of joints in fingers, hips, knees, wrists, elbows, feet, ankles and top & bottom of the spine.

DOSAGE AND ADMINISTRATION

Suppository

Suppository should be administered rectaly.

Children

3 months -1 year : 1-2 suppositories (60-120 mg); the dosage should be based on age & weight i.e. 3 months (5 kg)- 60 mg (1 suppository), 1 year (10 kg)- 120 mg (2 suppositories of 60 mg).

Below 5 years : 125-250 mg, 2-3 times daily. 6-12 years : 250-500 mg, 2-3 times daily.

Adults & children over 12 years: 500 mg-1 gm, 2-3 times daily.

CONTRAINDICATION

Known sensitivity to paracetamol.

SIDE EFFECT

Side effects are significantly mild, though haematological reactions have been reported. Pancreatitis, skin rashes, and other allergic reactions occur occasionally.

OVERDOSE

Liver damage is possible in adults who have taken 10g or more of paracetamol. Ingestion of 5g or more of paracetamol may lead to liver damage if the patient has risk factors (see below).

Risk Factors

If the patient

a) Is on long term treatment with carbamazepine, phenobarbitone, phenytoin, primidone, rifampicin, St John's Wort or other drugs that induce liver enzymes.

Or

b) Regularly consumes ethanol in excess of recommended amounts.

Or

c) Is likely to be glutathione deplete e.g. eating disorders, cystic fibrosis, HIV infection, starvation, cachexia.

Symptoms

Symptoms of paracetamol overdosage in the first 24 hours are pallor, nausea, vomiting, anorexia and abdominal pain. Liver damage may become apparent 12 to 48 hours after ingestion. Abnormalities of glucose metabolism and metabolic acidosis may occur. In severe poisoning, hepatic failure may progress to encephalopathy, haemorrhage, hypoglycaemia, cerebral oedema, and death. Acute renal failure with acute tubular necrosis, strongly suggested by loin pain, haematuria and proteinuria, may develop even in the absence of severe liver damage. Cardiac arrhythmias and pancreatitis have been reported.

Managemen

Immediate treatment is essential in the management of paracetamol overdose. Despite a lack of significant early symptoms, patients should be referred to hospital urgently for immediate medical attention. Symptoms may be limited to nausea or vomiting and may not reflect the severity of overdose or the risk of organ damage. Management should be in accordance with established treatment guidelines, see BNF overdose section.

Treatment with activated charcoal should be considered if the overdose has been taken within 1 hour. Plasma paracetamol concentration should be measured at 4 hours or later after ingestion (earlier concentrations are unreliable) but results should not delay initiation of treatment beyond 8 hours after ingestion, as the effectiveness of the antidote declines sharply after this time. If required the patient should be given intravenous-N-acetylcysteine, in line with the established dosage schedule. If vomiting is not a problem, oral methionine may be a suitable alternative for remote areas, outside hospital.

Management of patients who present with serious hepatic dysfunction beyond 24 hours from ingestion should be discussed with the NPIS or a liver unit.

USE IN PREGNANCY AND LACTATION

Ace® is safe in all stages of pregnancy and lactation.

STORAGE CONDITION

Ace[®] Suppository: Store below 25°C in dry place. Keep away from light. Keep out of reach of children.

HOW SUPPLIED

Ace® 125 Suppository: Box containing $1 \times 2/1 \times 5/5 \times 5/5 \times 5$ suppositories in blister pack. Ace® 250 Suppository: Box containing $1 \times 2/1 \times 5/2 \times 5/5 \times 5$ suppositories in blister pack. Ace® 500 Suppository: Box containing $1 \times 2/1 \times 5/2 \times 5/5 \times 5$ suppositories in blister pack.

